



Horse & Buddy

Therapeutic Riding Program



2021

SAFETY • PROFESSIONALISM • COMPASSION • RESPECT • FUN!



OUR RIDERS:

140
RIDERS SERVED

3714
RIDES GIVEN

100%

WOULD RECOMMEND THE PROGRAM TO OTHERS



OUR MISSION:

At **Horse and Buddy** our mission is to enrich the lives of individual with diverse needs through equine assisted therapies and activities in a safe, caring, and inclusive environment.

OUR RESULTS:

Riders time in program:

31%

28%

21%

24%

Less than 1 year 1-3 years 4-9 years 10+ years

74%

Physical Improvements/
Core Strength

70%

increase in rider's overall
self-confidence

Improvements based on parent/caregiver survey responses.

PROGRAM UPDATE:

2021 was another remarkable year; sometimes wonderful, sometimes troubling, but always inspiring at the barn. In a world where we are surrounded by uncertainty, the support of our community enabled **Horse and Buddy** to return to our treasured place as a refuge for the families we serve.

We served more riders in 2021 than ever before, averaging just over 100 riders per week year round. We offered team building and mindfulness retreats, which were wonderful! We surveyed our parents and caregivers, and found that the sense of community we provide is a critical component of our program:

"I am overjoyed that my rider has realized a dream to ride horses on a regular basis. The HB family provides necessary supportive community, as well."
—Parent

"I find a lot of joy in the happiness and confidence riding has given to my rider. I highly value the investment not only by the staff, but by the entire volunteer team. My rider looks forward to the conversation as well as the riding. Horse and Buddy is about building relationships." —Parent

OUR PROGRAMS:



In addition to therapeutic riding, which is the heart of our program, we added Equine Assisted Learning to our program offerings. We conducted both team building and mindfulness retreats in 2021, and they were amazing! Our team of equine specialists worked hard to put together great programs.

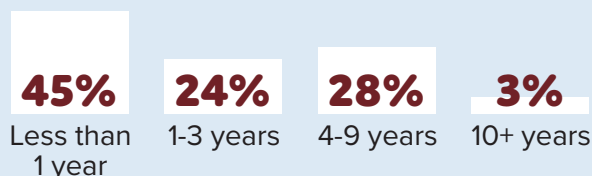
“You all were fantastic. Seriously. You were very organized, you communicated well before and afterward, and I truly feel like we are leaving better off than before.” —Team Building Participant

“Thank you so very much. It was food for the soul to be in nature and totally away from my daily routine.” —Mindfulness Retreat Participant

OUR VOLUNTEERS:

5328
VOLUNTEER HOURS
100-150
OF VOLUNTEERS

How long have you been a volunteer
at *Horse and Buddy*?



Would you recommend
the program to others?

100%

“Everyday something special at Horse& Buddy is a reminder of kindness.”
—Volunteer

“I learn so much from the staff and feel like I’m part of a team making the world a better place.” —Volunteer

“Magic happens at Horse & Buddy. This very special place allows people who have disabilities to fit into the world and feel like they matter. They walk away feeling confident and proud.” —Volunteer

“The staff and volunteers are patient, kind and flexible and the riding is such good therapy and gives the “input” our daughter seeks out. It’s been wonderful.” —Parent

TYPES OF DISABILITIES SERVED:

